



### Emergency First Aid at Work plus Forestry (EFAW+F)

The Emergency First Aid at Work + F Level 3 qualification is ideal for most businesses whose risk assessment identified they require an individual to act as an emergency first aider in their workplace. Upon successful completion of this qualification, candidates will be equipped with the essential skills needed to give safe, prompt and effective first aid in emergency situations.

This version of the EFAW course includes the extra subjects required by the Forestry Commission to include extra subjects covered include severe cuts like chainsaws, crush injuries, Hypothermia and Lyme Disease.

We can offer a three hour top up for existing EFAW holders.

#### The syllabus includes:

- Role of the First Aider
- First Aid Equipment
- Adult Basic Life Support and AED training
- Scene Safety
- Trauma management
- Manage catastrophic bleeding
- Environmental emergencies
- Health and Safety Regulations
- Medical emergencies
- Crush Injuries
- Hypothermia
- Lyme Disease

**Duration:** 1 day.

**Entry Criteria:** No prior qualifications required.

**Certification:** EFAW +F Level 3. Valid for 3 years.

