

First Response Emergency Care Level 3



Beyond First Aid (FREC 3)

The leading qualification for prehospital care, the Quallsafe First Response Emergency Care (Level 3 RQF) covers the full range of skills required by the HSE for first aid, and more!

Over 5 days, you will fulfil the competencies set out in the Pre-Hospital Emergency Medicine (PHEM) skills framework at descriptor level D (Advanced Provider), gaining the knowledge and practical skills needed to deal with a range of prehospital emergency care situations in an austere environment. Including Patient Assessment and Management, Emergency Trauma, Focused Emergency and Urgent Care.

This course is aimed at outdoor professionals who want a recognised qualification to support their professional NGB qualifications, search and rescue, trip leaders, teachers, film crew, climbers, paddlers.

The syllabus includes:

- Basic medical planning
- Incident assessment
- Patient assessment
- Trauma management
- Manage catastrophic bleeding
- Assess and manage patient's airway
- Administer emergency oxygen
- Manage a patient with head and spinal injuries
- Manage a patient with injuries to bones, muscles and joints
- Adult Basic Life Support and AED training
- Environmental emergencies
- Minor illness and injury
- Medical emergencies
- Introduction to multiple casualty management & triage
- Casualty evacuation
- Scenario-based practical skills training interventions

Duration: 5 days.

Entry Criteria: No prior qualifications required. First aid knowledge, would be useful but not a requirement.

Certification: Quallsafe Awards Level 3 Certificate in First Response Emergency Care. Valid for 3 years.

