

## First Response Emergency Care Level 3 Requalification



### (FREC 3 Requalification)

The Quallsafe First Response Emergency Care Requalification (Level 3 RQF) covers the full range of skills required to fulfil the competencies set out in the PHEM skills framework at descriptor level D (Advanced Provider) to retain your FREC 3.

The training focuses on providing effective pre hospital care.

Training is held at our venue in Buckinghamshire, with emphasise on practical elements.

### The syllabus includes:

- Basic medical planning
- Incident assessment
- Patient assessment
- Trauma management
- Manage catastrophic bleeding
- Assess and manage patient's airway
- Administer emergency oxygen
- Manage a patient with head and spinal injuries
- Manage a patient with injuries to bones, muscles and joints
- Adult Basic Life Support and AED training
- Environmental emergencies
- Minor illness and injury
- Medical emergencies
- Introduction to multiple casualty management & triage
- Casualty evacuation
- Scenario-based practical skills training interventions



**Duration:** 3 days.

**Entry Criteria:** Previous attendance on a FREC 3 within the last three years; certificate must still be in date.

**Certification:** Quallsafe Awards Level 3 Certificate in First Response Emergency Care. Valid for 3 years.

